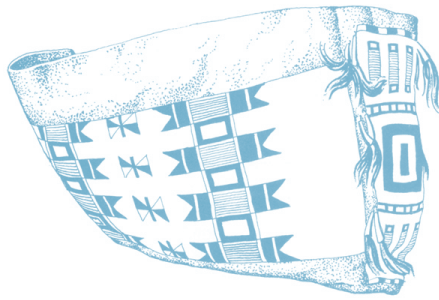


# STANDARD 5



The Indian health Self-Management Diabetes Education entity will involve the interaction of the individual with diabetes with a multifaceted instructional team, which may include a behaviorist, exercise physiologist, ophthalmologist, optometrist, pharmacist, physician, podiatrist, registered dietitian, registered nurse, other health care professionals and paraprofessionals.

The instructional team is collectively qualified to teach the content areas. The instructional team must consist of at least a registered dietitian and a registered nurse. At least one of the instructional staff must be a Certified Diabetes Educator (CDE), or have recent didactic and experiential preparation in education and diabetes management.



*Applicant Notes:*

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► **INSTRUCTORS**

An instructional team with knowledge and skill in diabetes education is identified. The program manual will include a listing of instructors and their credentials, roles and responsibilities. Indian health instructional teams must include, at a minimum, a registered nurse and a registered dietitian.

Facilities, with documented justification, may include off-site professional staff/consultants (local contract, Area Consultants, Model Diabetes Program staff, etc.) as instructional team members. Their roles and responsibilities on the instructional team are based on community needs and documented in team minutes, or in the program manual.

**LEVEL 1**

**developmental**

(checklists on pages 69 and 83)

► **INSTRUCTORS**

Instructors provide educational program services for the target population. Instructors use a variety of teaching/learning methods to meet the needs of the individual, family and community and evidence of this will be included in education program agendas and curricula outlines. There is evidence that the instructional team advocates a consistent and coordinated approach to present basic diabetes concepts. This approach is promoted by their review of education materials, teaching methods and activities.

**LEVEL 2**

**educational**

(checklists on pages 69 and 83)

► **INSTRUCTORS**

Instructional team is able to provide a multifaceted level of diabetes education that includes integration of traditional and western methods of teaching/learning activities. Components can include talking circles, youth prevention groups, case management, elder teaching, increased use of paraprofessional and/or other strategies appropriate within community and cultural systems.

**LEVEL 3**

**integrated**

(checklist on page 85)

